

THE HARMONY
OF COLOUR SERIES

HALLOWEEN HORRORS

RELAX AND UNWIND WITH
ADULT COLOURING

BOOK SEVENTY ONE
AUST \$12.95 NZ \$12.95 GST
ISBN 978-1-925951-11-0

9 781925 951110 >


THE **HARMONY**
OF **COLOUR** SERIES

HALLOWEEN HORRORS

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

Harmony of Colour Book Seventy One: Halloween Horrors offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



Find Harmony of Colour on Facebook:

www.facebook.com/harmonyofcolour

Follow us on Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



PO Box 230
Double Bay NSW 1360
+612 9363 1464

Creative Director: Luke Shaddock
Managing Director: Michael Downs

All images: Shutterstock

Halloween



“Where there is no
imagination there
is no horror.”

— Arthur Conan Doyle —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“The oldest and strongest
emotion of mankind is fear,
and the oldest and strongest
kind of fear is fear of
the unknown”

— H. P. Lovecraft —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Words have no power to impress
the mind without the exquisite
horror of their reality.”

— Edgar Allan Poe —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“When you look fear in the face, you are able to say to yourself, ‘I lived through this horror. I can take the next thing that comes along.’”

— Eleanor Roosevelt —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Horror fiction shows
us that the control we
believe we have is purely
illusory, and that every
moment we teeter on
chaos and oblivion.”

— Clive Barker —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“There is no terror in the bang,
only in the anticipation of it.”

— Alfred Hitchcock —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Civilization is hideously fragile...
there’s not much between us
and the horrors underneath,
just about a coat of varnish.”

— C.P. Snow —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“I love the idea that horror
and fear is a celebration
of health and life.”

— Penn Jillette —



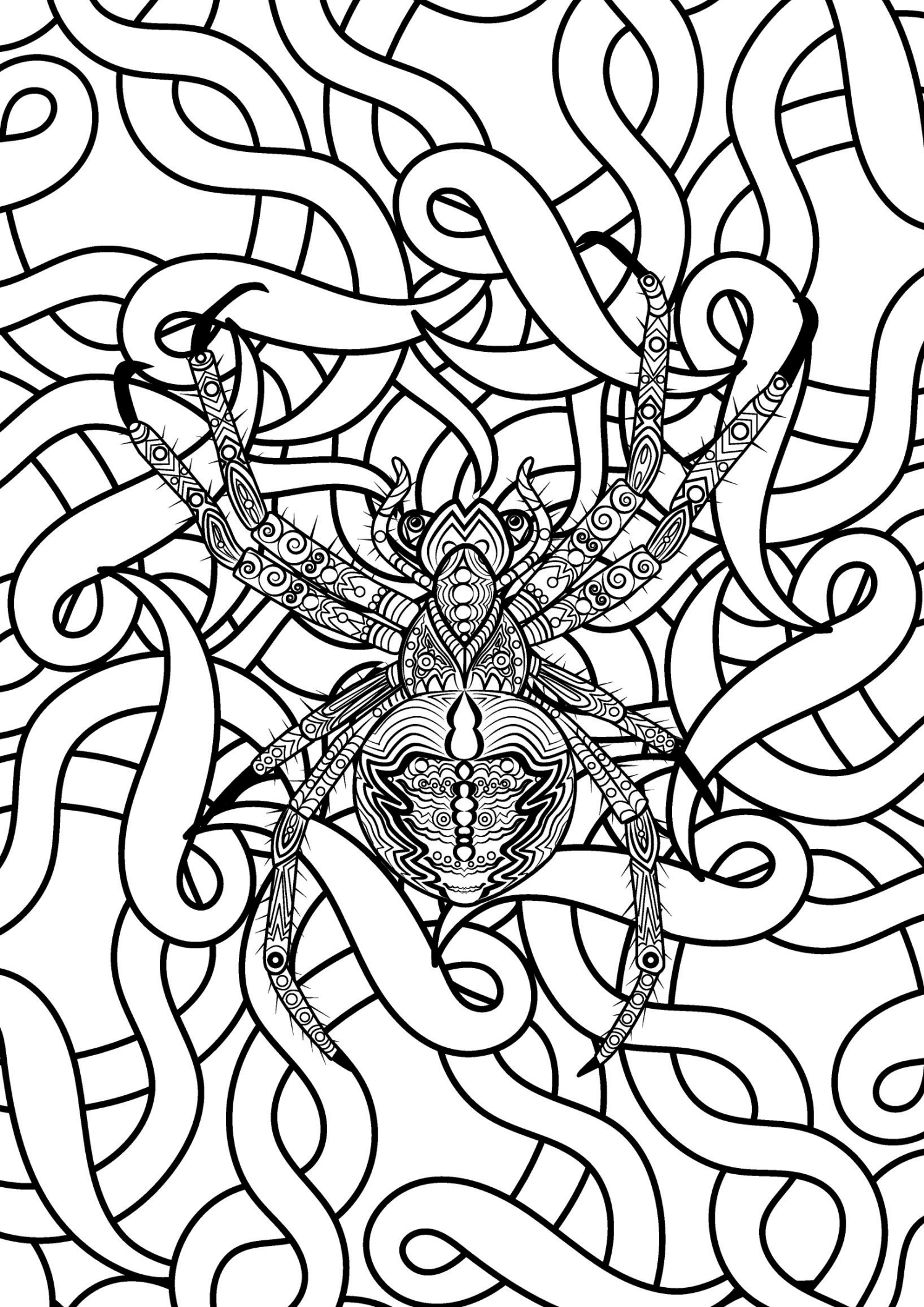
Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“The thing under my bed waiting to grab my ankle isn’t real. I know that, and I also know that if I’m careful to keep my foot under the covers, it will never be able to grab my ankle.”

— Stephen King —



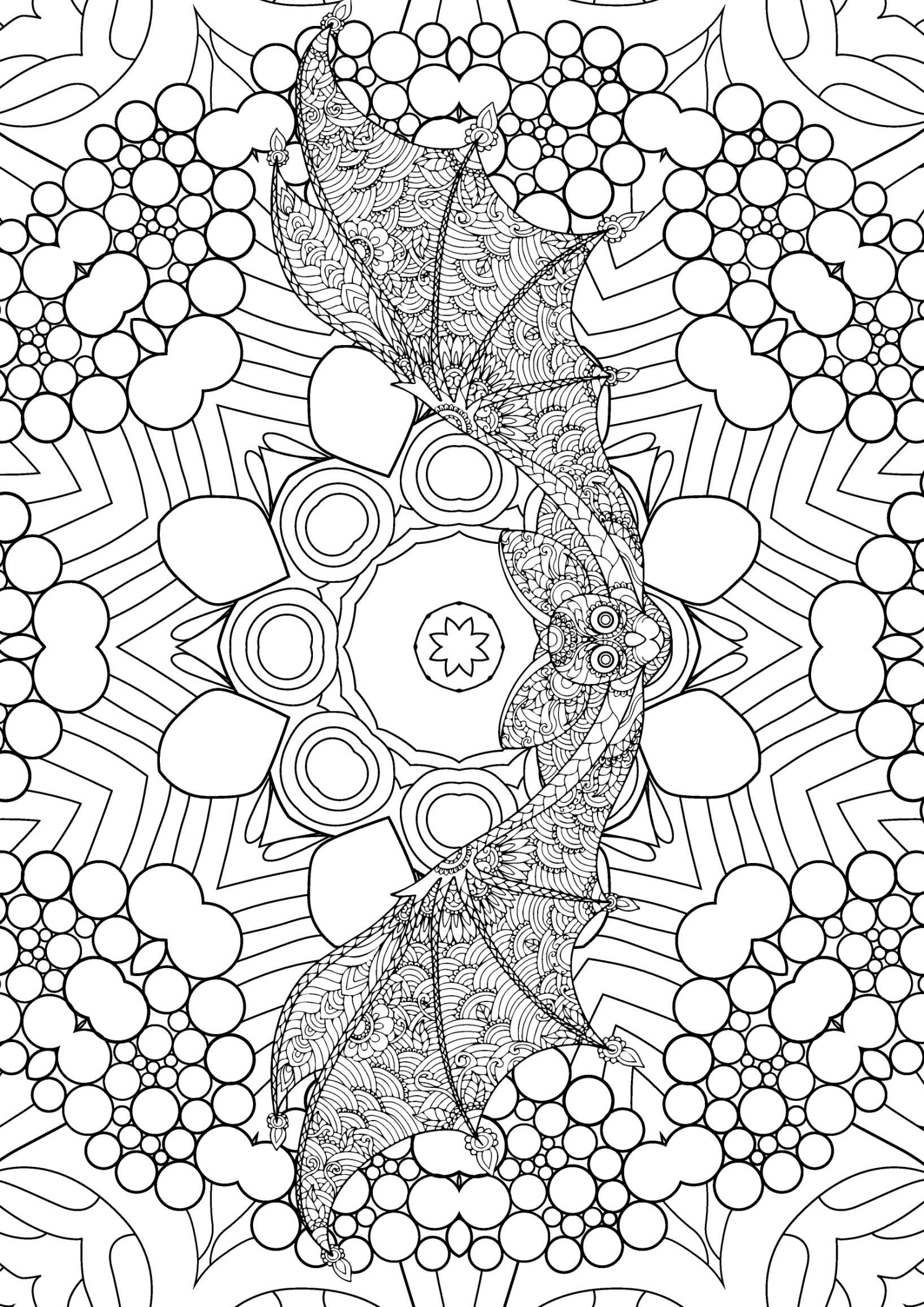
Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“The witching hour, somebody had once whispered to her, was a special moment in the middle of the night when every child and every grown-up was in a deep deep sleep, and all the dark things came out from hiding and had the world all to themselves.”

— Roald Dahl —



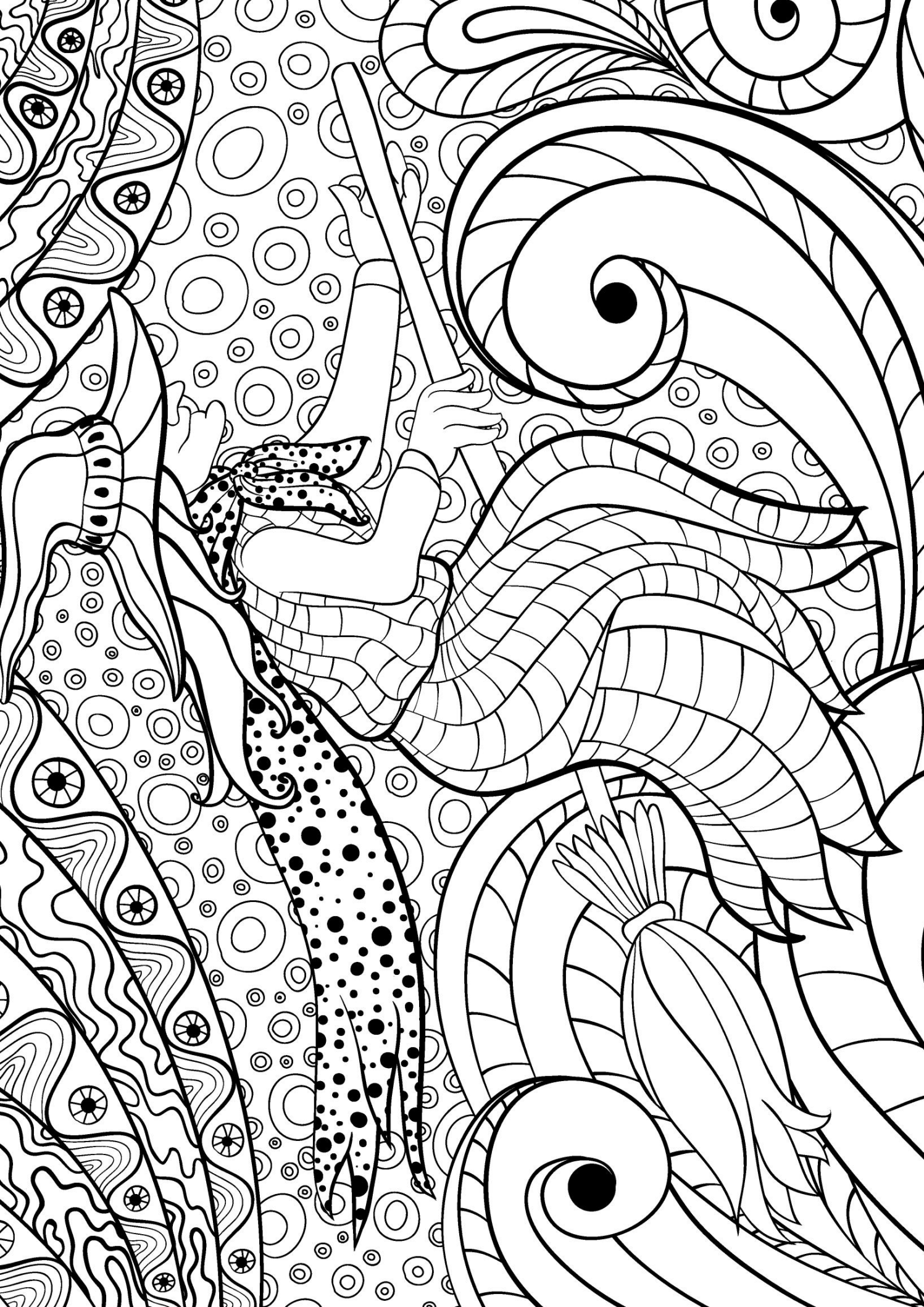
Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Courage is not the
absence of fear...”

— Richard Stengel —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Fear is an insidious virus.
Given a breeding place in our
minds... it will eat away our
spirit and block the forward
path of our endeavors.”

— James F. Bell, III —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Fear is the main source
of superstition, and one of
the main sources of cruelty.
To conquer fear is the
beginning of wisdom.”

— Bertrand Russell —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Nothing in life is to be
feared, it is only to be
understood. Now is the time
to understand more, so that
we may fear less.”

— Marie Curie —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Of all the liars in the
world, sometimes the
worst are our own fears.”

— Rudyard Kipling —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Too many of us are
not living our dreams
because we are
living our fears.”

— Les Brown —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“FEAR is an acronym in the English language for ‘False Evidence Appearing Real’.”

— Neale Donald Walsch —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Here is the world. Beautiful
and terrible things will
happen. Don’t be afraid.”

— Frederick Buechner —



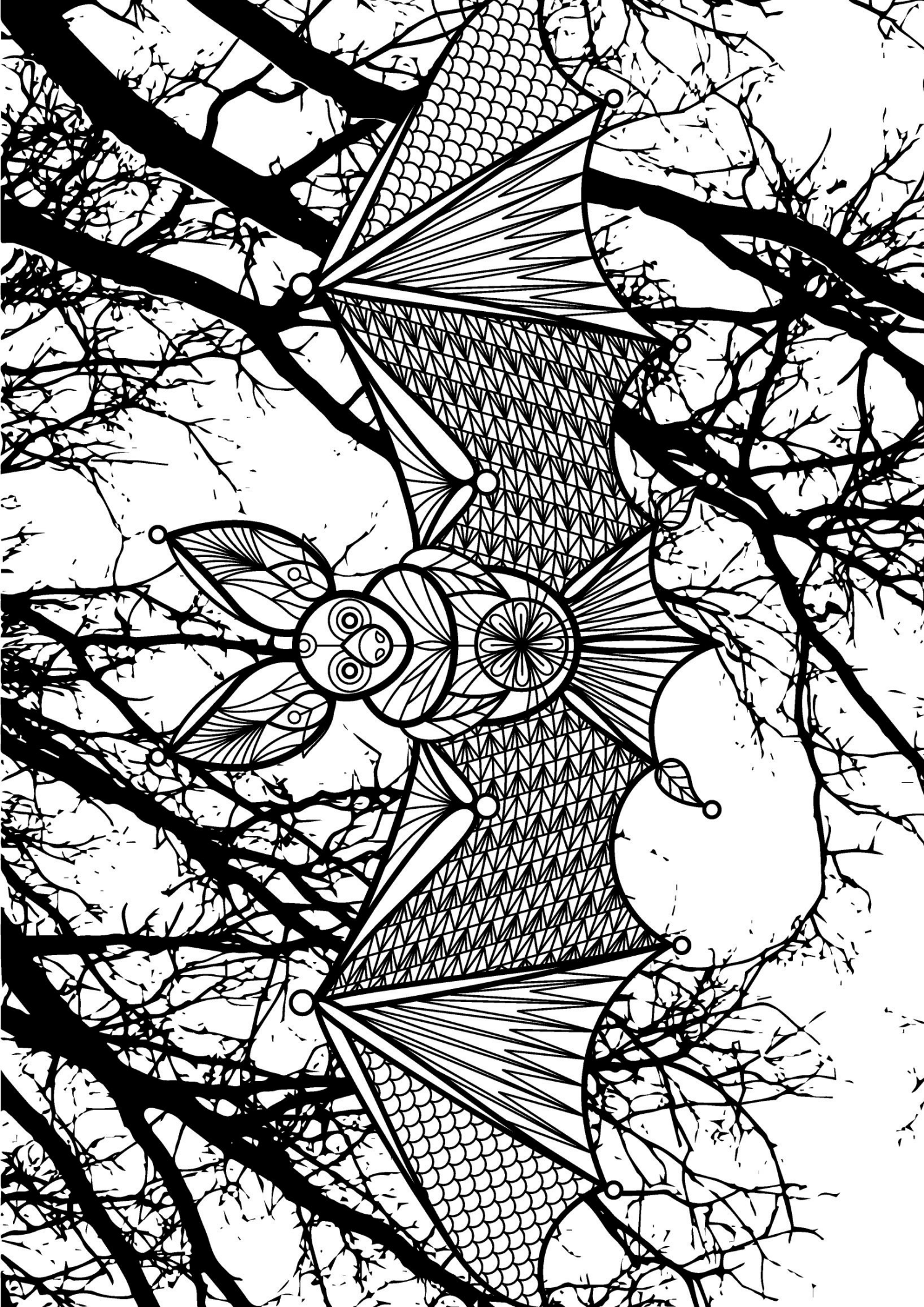
Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Courage is resistance
to fear, mastery of fear,
not absence of fear.”

— Mark Twain —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“He who has overcome his
fears will truly be free.”

— Aristotle —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“If you look into your own heart,
and you find nothing wrong
there, what is there to worry
about? What is there to fear?”

— Confucius —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Some people fear seeing
or feeling anything about
which there is no general
agreement. For others,
it is thrilling to be aware
of innuendo, shading,
complexity.”

— Deena Metzger —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“There is this paradox in fear:
he is most likely to inspire it in
others who has none himself!”

— Charles Caleb Colton —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Courage is contagious.
When a brave man takes
a stand, the spines of
others are often stiffened.”

— Billy Graham —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“You can conquer almost any fear if you will only make up your mind to do so. For remember, fear doesn’t exist anywhere except in the mind.”

— Dale Carnegie —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Fear is something to
be moved through,
not something to be
turned from.”

— Peter McWilliams —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Fear is a disease that
eats away at logic and
makes man inhuman.”

— Marian Anderson —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Expose yourself to your
deepest fear; after that,
fear has no power, and the
fear of freedom shrinks and
vanishes. You are free.”

— Jim Morrison —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“He who is not every day
conquering some fear
has not learned
the secret of life.”

— Ralph Waldo Emerson —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“The only thing we
have to fear is fear itself.”

— Franklin D. Roosevelt —



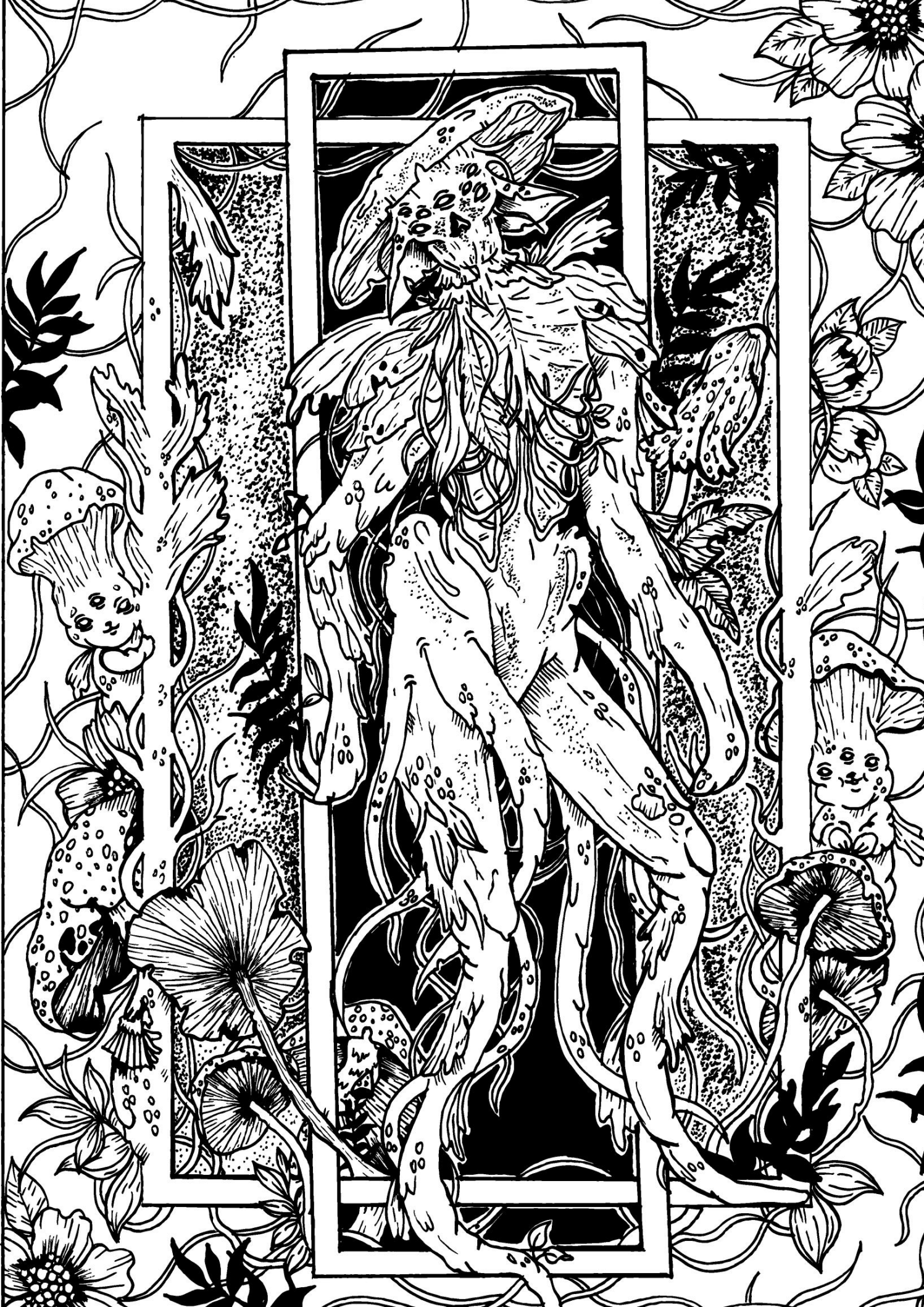
Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Only when we are no longer
afraid do we begin to live.”

— Dorothy Thompson —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“We are ashamed of our
fear; for we know that a
righteous man would not
suspect danger nor incur
any. Wherever a man feels
fear, there is an avenger.”

— Henry David Thoreau



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“You can never get rid of
fear, you can only drop it.”

— Harbhajan Singh Yogi —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“Horror is a feeling that
cannot last long; human
nature is incapable of
supporting it.”

— James De Mille —



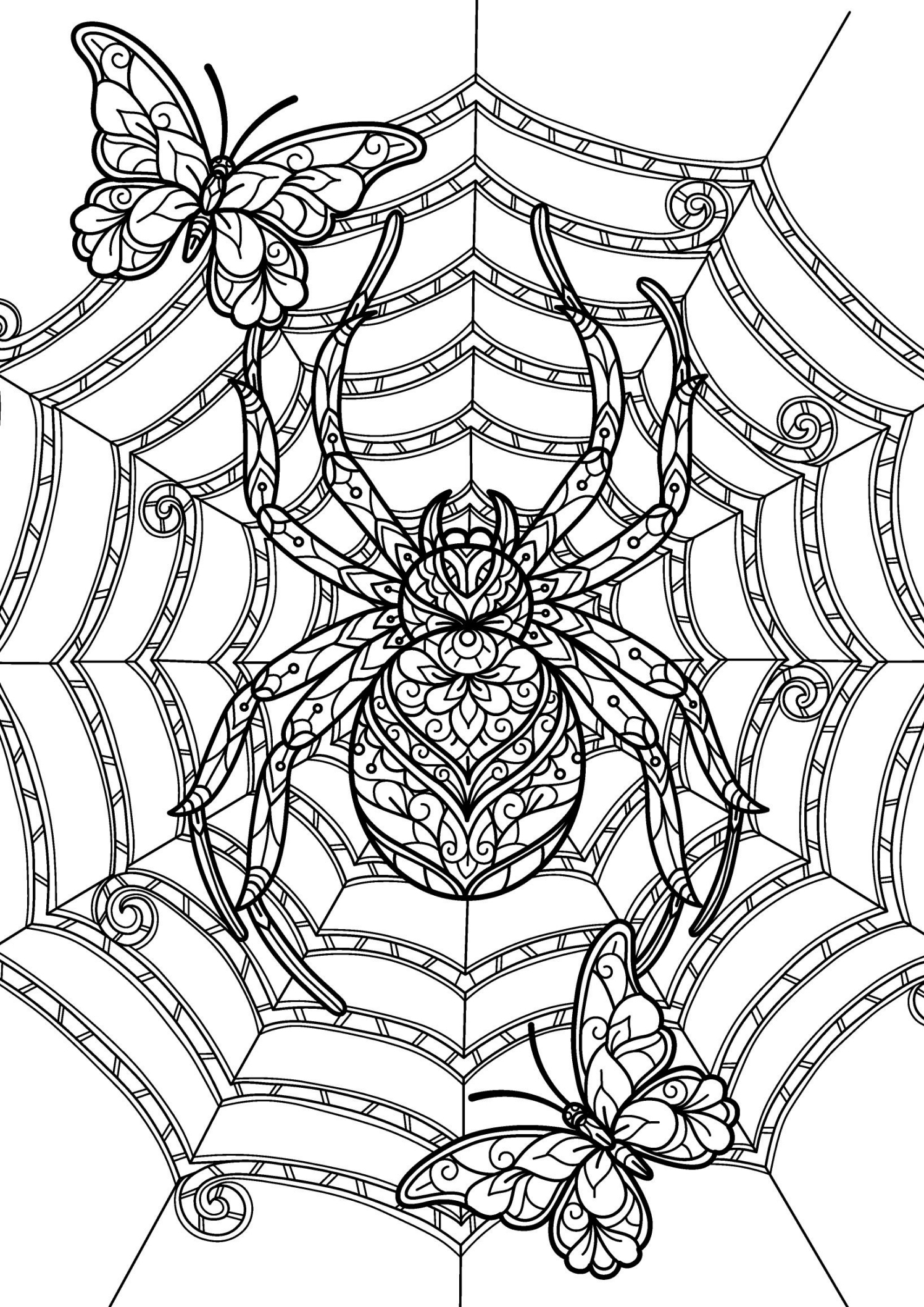
Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



“One of the greatest discoveries
a man makes, one of his great
surprises, is to find he can do what
he was afraid he couldn't do.”

— Henry Ford —



Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)



How very little can be done
under the spirit of fear.”

— Florence Nightingale —



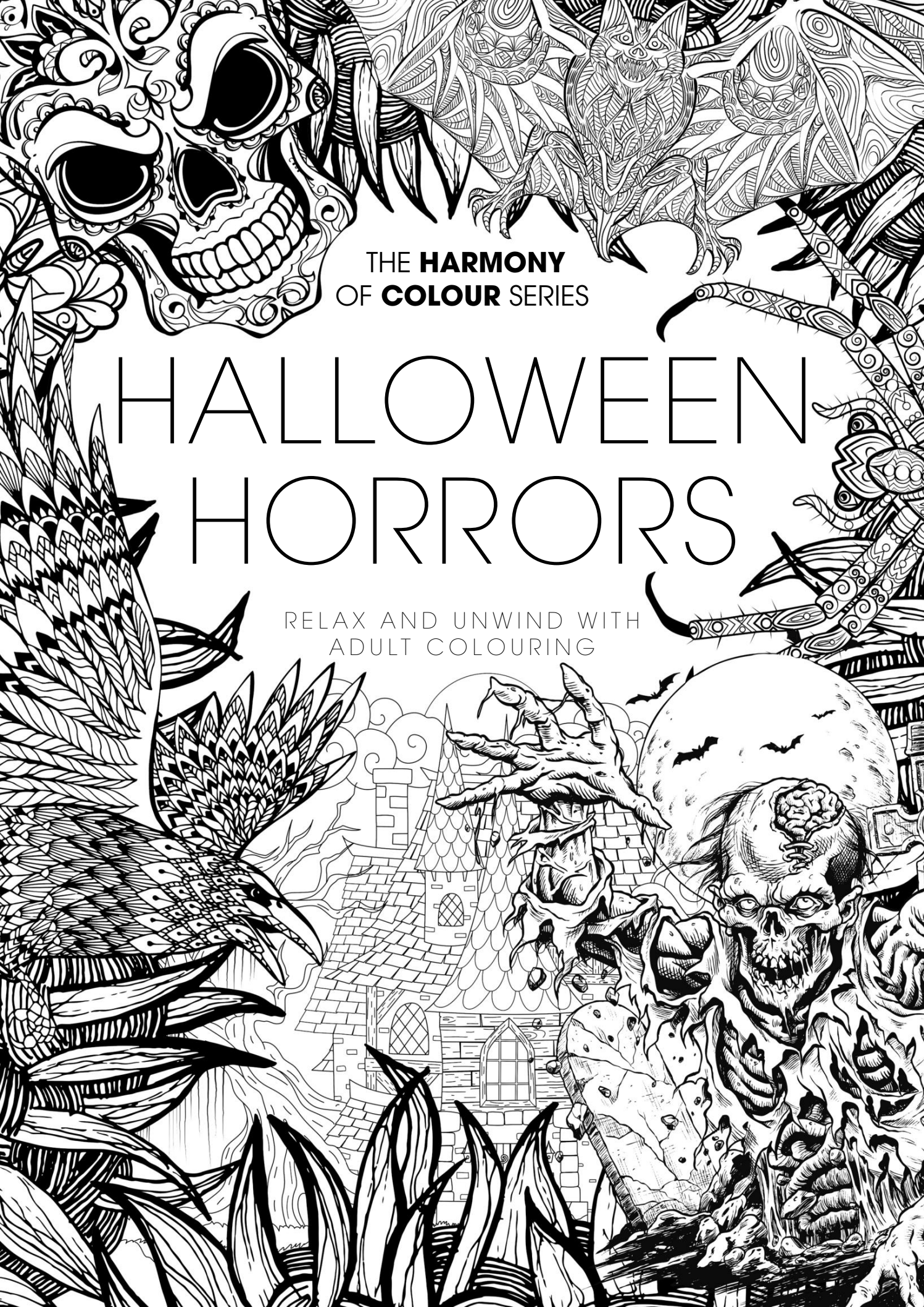
Share your creation with the
Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:

[@harmonyofcolour](https://www.instagram.com/harmonyofcolour)

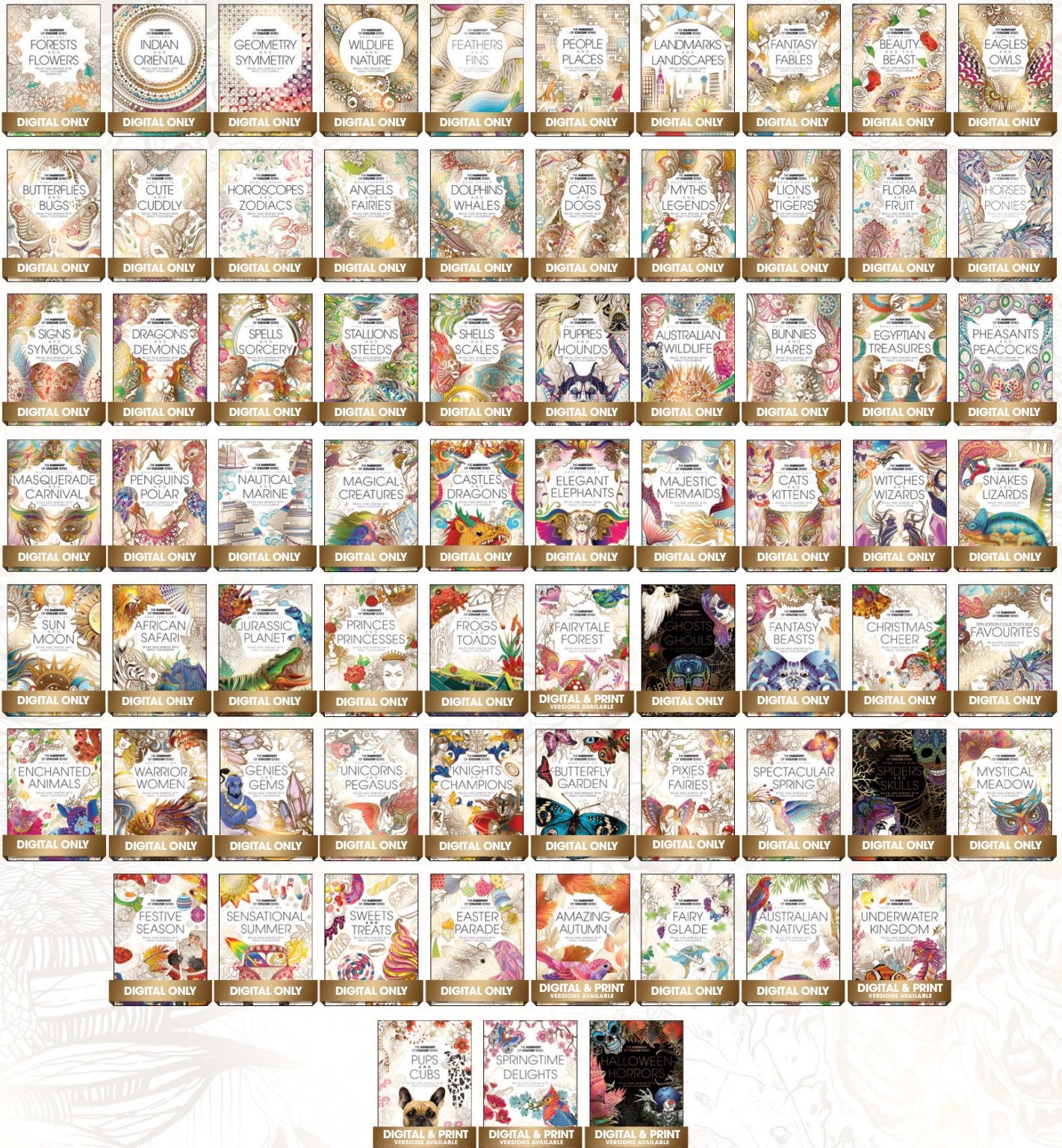


THE **HARMONY**
OF **COLOUR** SERIES

HALLOWEEN HORRORS

RELAX AND UNWIND WITH
ADULT COLOURING

THE ENTIRE HARMONY OF COLOUR COLLECTION



AVAILABLE NOW AT
NUCLEAR.COM.AU/SHOP
 BOOK SEVENTY TWO COMING NOVEMBER 2020